My Daily Mile
Writing & Drawing Activities

Consider using the following writing prompts and blank templates provided in this document to inspire your children to create artwork and written pieces based on The Daily Mile. Or use the template on the last page to create your own prompt. Your children will have the opportunity to express their creativity while also forming experiencing the benefits of The Daily Mile.

1. Finish the sentence: I love The Daily Mile because ...
2. Describe your Daily Mile route. What do you see and hear along the way?
3. Write a letter to the future children who will do The Daily Mile with your teacher next year. What would you like them to know?
4. Write a poem about the feeling you get when you finish The Daily Mile.
5. Create a comic strip about a group of friends who run The Daily Mile together.

I love The Daily Mile Because ...

Draw picture and write about why you love The Daily Mile.

My Daily Mile Route

Describe your Daily Mile route. What do you see and hear along the way?

Dear Future Students,

My Daily Mile Poem

My Daily Mile Comic

Created by:

Name: _____