Santa's Daily Mile Teacher Notes

the Daily Mile

Powered by London Marathon Foundation



These activities complement Santa's Daily Mile. Mix and match them to suit your cohort.

Activity	Resources	Notes
Reindeer Power	'Power Up' wristbands	Children design and colour two matching 'Reindeer Power Wristbands'. They give one wristband to someone who has encouraged them during the Daily Mile this year and keep the other. The matching wristbands represent teamwork: one thanks the supporter, while the other helps the pupil 'power up' and generate 'Reindeer Power' for Santa.
Storybook Suggestions	Winter-Themed Storybook suggestions	The suggested storybooks are organised into three age groups: 3–5 years, 5–7 years and 7–11 years. All titles have a winter or winter-sports theme, and many encourage children to stay active and explore different ways of moving throughout the winter months. Additional activity ideas are linked to selected books, helping teachers extend the themes through practical movement and classroom activities.

Join thousands of schools, all over the world, already taking part. Help your children feel healthier, happier and create lifelong healthier habits.

Register at: thedailymile.co.uk